

Yoga Teacher Training, 200 hr 2023-2024

**APPLICATION FORM**

*All information provided by you is  
confidential.*

*www.thefitnessfirm.ca*



Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code \_\_\_\_\_ Phone: (H) \_\_\_\_\_ (C) \_\_\_\_\_

Email: \_\_\_\_\_

Occupation: \_\_\_\_\_ SIN: \_\_\_\_\_

Gender: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Please answer the questions below, typewritten. There is no limit to the length, please be as detailed as possible.

- How long have you been practicing Yoga? What styles? Who were your teachers? How committed is your practice?
  
- What benefits have you experienced from your Yoga practice?
  
- What aspect of yoga is of interest to you: asana, meditation, chanting, philosophy, self study, mythology, other? Can you explain why? Is there an aspect that is not of interest, and why?
  
- Describe your physical condition, including past and current illnesses, injuries, and genetic conditions.
  
- Describe your state of emotional health. Does your personal yoga practice affect your emotional state?
  
- Do you feel like you are “searching?” If so, can you verbalize what you are searching for?
  
- Describe your educational/professional background outside of Yoga, including any other training that may be relevant to this program.

- Why are you applying to the program? Is it to deepen your personal practice? Is it to teach? Talk about your objectives and expectations for this training.

This training requires that you participate in regular classes, as well as observe classes, and when ready and willing- assist. These assisting opportunities will constitute some of your practicum hours.

**Payment:**

Early Bird tuition is \$3400 plus HST = \$3842. Non-refundable deposit \$500.00 + signed agreement for payment plan by September 13th, 2023. Payment plan is 8 payments of \$417.75 monthly beginning October 11, 2023 (first class) and then monthly from November 1st through to May 1st, 2024.

After September 14th, the full cost for the training is \$3700 plus HST = \$4181.00. A non-refundable deposit of \$500 is required upon registration to secure your position. Payment plan is available and 8 monthly payments of \$460.13 starting on October 11, 2023 (first class) and then November 1st, 2023 through to May 1st, 2024.

Other payment arrangements are possible. Please speak to us in person.

Fees include unlimited drop-in classes with Kerri and Lynn and other affiliated instructors for the duration of the training.

Your application will be reviewed as soon as it is received and you will be requested to attend a one-on-one interview. If you are not admitted into the program, your deposit will be returned to you in full.

**Deposit paid:** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Refund Policy:**

If a student withdraws from the training the following refund terms apply:

- If the student withdraws **before October 1, 2023** - the student will receive a full refund minus the non-refundable deposit of \$500.
- If the student withdraws **after October 1, 2023** - the student will receive **NO** refund, however the student will receive an opportunity to participate in a future training. The student will be charged additional fee to supplement the increase of the cost of the future training.

Please sign above, indicating that you have read and understand the payment contract.